

## SURGICAL CONSENT

### ..... KNEE PATELLO-FEMORAL STABILISATION

I have requested, after discussion with Dr Calabro, to undergo a Patello-femoral stabilisation.

NAME: .....

DATE:.....

SIGNATURE: .....

DR L CALABRO.....

I was able to ask questions and raise concerns with the doctor about my condition, the proposed procedure and its risks, and my treatment options. My questions and concerns have been discussed and answered to my satisfaction.

- I understand I have the right to change my mind at any time, including after I have signed this form but, preferably following a discussion with my doctor.
- I understand that image/s or video footage may be recorded as part of and during my procedure and that these image/s or video/s will assist the doctor to provide appropriate treatment.

There are risks and complications with this procedure. They include but are not limited to the following:

- Infection can occur, requiring antibiotics and further treatment. In severe infection, removal of graft may be required.
- Bleeding could occur and may require a return to the operating room.
- Small areas of the lung can collapse, increasing the risk of chest infection.
- Heart attack or stroke could occur due to the strain on the heart.
- Blood clot in the leg (DVT) causing pain and swelling. In rare cases part of the clot may break off and go to the lungs.
- Death as a result of this procedure is possible.
- These risks are increased in the context of obesity or underlying medical conditions such as diabetes.

Other Specific risks of Patello-femoral stabilisation:

- Rupture of the graft during recovery or on return to sport. This may require further surgery.
- Patella fracture can occur through drill holes.
- Failure to harvest adequate hamstring graft. This would require an alternative graft using quadriceps or synthetic material.
- Additional procedures such as osteotomy (bone shift) may be required – this will be discussed prior.
- Ongoing patella instability despite reconstruction.
- Stiffness of the knee. This may be temporary or permanent.
- Numbness at the side of the cut can happen. This may be temporary or permanent.
- Abnormal pain response to surgery with worsening of pain and disability.
- Damage to the nerves or blood vessels behind the knee. This could be temporary or permanent and require further surgery.
- Numbness associated with the use of tourniquet with nerve and muscle damage at the site where the tourniquet was placed. This may be temporary or permanent.
- In some people, healing of the wound may be abnormal and the wound can be thickened and red and the scar may be painful.

I acknowledge that the doctor has explained:

- my medical condition and the proposed procedure, including additional treatment if the doctor finds something unexpected. I understand the risks, including the risks that are specific to me.
- the anaesthetic required for this procedure. I understand the risks, including the risks that are specific to me.
- other relevant procedure/treatment options and their associated risks.
- my prognosis and the risks of not having the procedure.
- that no guarantee has been made that the procedure will improve my condition even though it has been carried out with due professional care.
- the procedure may include a blood transfusion.
- tissues and blood may be removed and could be used for diagnosis or management of my condition, stored and disposed of sensitively by the hospital.
- if immediate life-threatening events happen during the procedure, they will be treated based on my discussions with the doctor or my Acute Resuscitation Plan.